



# Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

## Meeting Minutes

November 3, 2022

11:45 A.M.

**CHI Health Mercy Corning**  
**603 Rosary Drive**  
**Corning Iowa 50841**

### Attendance at the meeting:

Debra Schrader, Coalition Leader  
 Krissy Wozniak, Angles Home Care  
 Lisa Carstens, Zion  
 Dawn Walton, Zion  
 Kristie Nixon, SWCC  
 Alisha Reed, CHI Health Mercy Corning  
 Sarha Gulliatt, Taylor County Public Health  
 Julie Thomas, Taylor County Public Health 1<sup>st</sup> Five

Marilea Mullen, Child Health Mercy Corning  
 Courtney Adair, Matura  
 Jo Schoer, Nebraska Aides Project  
 Taylor Lynch, Matura  
 Jessica Petter, Crossroads  
 Barb Kanon, SWCC  
 Lori Henrichs, SWCC

### Materials

Coalition meeting materials are in Google Drive, and they are located [here](https://behavioralhealthcoalition.org/). Agendas and minutes are located at <https://behavioralhealthcoalition.org/>.

### Welcome/Introductions

At 11:45 Debra Schrader opened the meeting and introductions were made. CHI Health Mercy Corning provided a complementary lunch.

### Review of meeting minutes

The minutes of the October 6, 2022 meeting were reviewed with corrections made and then and accepted.

### Presentation

Sarah Gulliatt from Taylor County Public Health provided an overview of challenges regarding receiving diagnosis's for autism disorders. In Iowa the only person that can diagnose the disorder is a psychologist. Child Health Specialty Clinics no longer has a psychologist on staff and families have to travel out of the area to Kansas City, Omaha or Des Moines and then there may be several month wait. Missouri implemented a three tier approach that medical providers can use to diagnosis the disorder. After much discussion, Sarah will collaborate with Alisha and draft a letter from CHI Health Mercy Corning to be sent to Director Garcia of the new Iowa Health and Human Services agency. The Behavioral Health Coalition will follow-up with a letter to Director Garcia to reinforce the challenges in Iowa, especially in rural areas.

### FY23 Mission and Ministry Violence Grant Updates

Contractor and Annual Goals	Program	Updates
Crisis Intervention & Advocacy •Train 4 coaches/mentors •Serve 20 youth •Provide 20 sessions •Engage all 3 schools	Sexual Abuse Prevention	No update
Joyce Westphal Goal: •Provide 45 group/individual consultation sessions serving 20 participants	Infant & Early Childhood Mental Health Consultation and Training	Consultation continues to be provided to Precious People child care center as well as consultation for parent educators in the Parents as Teachers program.

•Provide 8 trainings serving 8 participants		
Southwestern Community College Goal: •Serve 35 families •Conduct 360 visits	Parents as Teachers	Currently a total of 28 Taylor county and 6 Adams county families are being served with blended funds from MMF and ECI.

**Budget Update**

CHI Health Mission and Ministry Violence Prevention 1 Year Implementation Grant and Healthy Communities Grant – The total award from MMF is \$168,250 with a cash match from CHI Healthy Communities of \$16,000. To date 21.7% has been expended.

**FY24-FY26 Grant**

A letter of intent for a Mission and Ministry Fund Violence prevention grant has been submitted by the deadline of October 14, 2022. The programming will consist of infant and early childhood mental health consultation/training, home visitation Parents as Teachers, Coaching Boys Into Men and Second Step Child Protection.

**Other Information**

- Substance Use Disorder Prevention Specialist, ZION Integrated Behavioral Health Services shared the alcohol and marijuana priority areas. Alcohol restrictions at community events for both Taylor and Adams counties include restricting alcoholic beverages to intoxicated individuals and limiting the number of alcoholic sales per person (25-65 age group). Taylor County has the Taylor County Shootout and the Taylor County fair that we will be looking into implementing updates on policy and/or procedures. Adams County has four events that we would like to implement updates regarding the alcohol sales for community events. The marijuana priority area includes the curriculum LifeSkills to present to 12–20-year-old individuals. This can be done at schools and/or other activities that serve this age group throughout Adams and Taylor counties. The goal is to implement LifeSkills four times before June 30, 2024, to a total of 60 individuals in this specific age range.
- Lisa Carstens, Certified Prevention Specialist with ZION Integrated Behavioral Services, talked to the group and asked for feedback regarding this year's media plan to promote the IDPH approved media campaign, Savor the Moment (alcohol awareness). This campaign speaks to parents, in particular women/mothers. They plan to promote it via radio, newspaper, and printed posters in the county. She asked if the group had any other suggestions on places/ways they could provide resources or share materials. Comments included that focusing on parents/moms before the holidays is actually good timing and that it's nice to see something target toward women and not just men.
- The American Lung Association is offering up to \$220 to pregnant and post partum to stop using tobacco.
- Catholic Health World has an article about the Behavioral Health Coalition. Lori Henrich and Joyce Westphal provided information for the article. The news paper's readership is close to 40,000.
- Crossroads has several group opportunities for those in need i.e. anger management, teen groups, senior, parent, nature walk, chronic pain, etc.
- The Nebraska Aids Project has had good feedback with the Pub and the Brooks bar, which are in need of additional supplies.
- OWL Labs has produced a report about the state of remote work. It was noted that hybrid workers save \$19.11 each day when working from home.
- Iowa's Kids Count data is available by County and Adams and Taylor County data was shared.
- Kentucky has implemented a strategy to assist the hild care workforce and infuse money into the economy by using state child care assistance to pay 100% of the child care costs for those who have children and work in the child care industry no matter the income.
- Iowa Health & Human Services provided information on the transition of IDPH and DHS and are having town hall meetings.
- Matura has hired a new WIC director, Emily Eide. Matura has two positions open, WIC clerk and a nurse.

**Next Meeting**

Meeting adjourned at 1:00 P.M.

The next meeting is December 7, 2022 at 11:45 and will be in hybrid using Zoom and in person.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.