

Behavioral Health Resources

Agency	Description	Contact Information
<input type="checkbox"/> Aspire Kyle Dasher 641-322-5424	Provides support, counseling, therapeutic services to individuals, children, couples and families. Medicaid and most insurance plans accepted.	816 Davis Ave Corning, IA 50841
<input type="checkbox"/> Authentic Journey (AJ) Counseling Services 712-520-0237 or 402-670-0717	Provides outpatient mental health therapy services for children, adolescents, and adults. Medicaid and most insurance plans accepted.	905 Benton Street Corning, IA 50841 www.ajcounseling.com
<input type="checkbox"/> CHI Health Mercy Corning Outpatient Specialty Clinic 641-322-6289	Provides outpatient mental and behavioral health therapy services for adult patients via tele-health. Medicaid, Medicare and most insurances accepted.	603 Rosary Drive Corning, IA 50841 www.chihealth.com
<input type="checkbox"/> Child Health Specialty Clinics 641-782-9500 877-292-9500	Provides family support, care coordination, clinic services, and system building. Serves birth through age 21. Medicaid and most insurance plans accepted.	904 E. Taylor Street Creston, IA 50801 http://www.chsciowa.org/
<input type="checkbox"/> Crossroads Behavioral Health Center 641-782-8457	Provides support, counseling, therapeutic services to individuals, children, couples and families. Medicaid and most insurance plans accepted.	1003 Cottonwood Creston, IA 50801 www.crossroadscreston.com
<input type="checkbox"/> Full Circle 712-352-0917	Provides support, counseling, therapeutic services to individuals, children, couples and families. Medicaid and most insurance plans accepted.	www.fullcircletherapyiowa.com Offices in Winterset, Council Bluffs, Carroll, Des Moines and Logan, Iowa
<input type="checkbox"/> Mark Preston & Leann Burg 641-782-7091	Psychiatrist who specializes in mental health, including substance use disorders. Psychiatrists are qualified to assess both the mental and physical aspect of psychological problems.	Greater Regional Health 1700 W. Townline Street Creston, IA 50801 www.greaterregional.org/psychiatry
<input type="checkbox"/> New Beginnings Jill Jackson 641-278-1095	Provides mental health and substance abuse counseling.	709 Cottonwood Road Creston, IA 50801
<input type="checkbox"/> Perspective Counseling Terri Bensky 641-782-6832	Provides mental health services for children, adolescents, and adults in individual, family and couple's counseling.	900 W. Montgomery Street Creston, IA 50801
<input type="checkbox"/> Pete Brantner 641-333-4220 563-357-3697	Provides support, counseling, therapeutic services to individuals, children, couples and families. Medicaid and most insurance plans accepted.	125 N. Main Street Lenox, IA 50851
<input type="checkbox"/> Senior Life Solutions 641-322-6360	Provides mental health services to Medicare eligible patients. Intensive outpatient group therapy and individual sessions. Medicaid, Medicare and most insurance plans accepted.	603 Rosary Drive Corning, IA 50841 jennifer.king903@commonspirit.org
<input type="checkbox"/> Southern Hills Regional Mental Health 712-525-1337	Provides countywide referral, funding and coordination of mental health services for county residents without insurance or other funding options.	106 Central #106 Glenwood, IA 51534
<input type="checkbox"/> Southwest Iowa Families 712-542-3501	Provides mental health and behavioral health services for children, adolescents, and adults. Medicaid and most insurance plans accepted.	215 E Washington Clarinda, IA 51632 swfamilies@mediacombb.net
<input type="checkbox"/> Zion Integrated Behavioral Health 515-743-5091	Provides drug and alcohol treatment services. Medicaid and most insurance plans accepted.	Offices in Atlantic, Clarinda and other surrounding towns https://zioniowa.org/
<input type="checkbox"/>		

Behavioral Health Resource Document Purpose - to provide a list of mental health therapy options (individual, family, marriage, and group therapy) in Adams County Iowa and the surrounding area for the helping profession. This document is not intended for emergency use. In the event of an emergency call 911.

Online Resource - the following website may assist in finding a mental health professional www.therapists.psychologytoday.com

Mental Health Therapy Resources Around The Adams and Taylor County Area
Updated 11-30-17

Agency	Description	Contact Information
<input type="checkbox"/> Providence Place 515-986-7255	Provides individual and family and children therapy and counseling services as well as school based therapy. Medicaid and most insurance plans accepted.	408 S.E. 2nd Street Grimes, Iowa 50111 www.myprovidenceplace.com
<input type="checkbox"/> Broadlawns 515-282-2200	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	1801 Hickman Road Des Moines Iowa 50314 www.broadlawns.org/index.cfm
<input type="checkbox"/> Catholic Charities 515-244-3761 or 800-227-3002	Provides individual and family counseling services. Medicaid and most insurance plans accepted	601 Grand Ave Des Moines, Iowa 50309 www.dmdiocese.org/catholic-charities.cfm
<input type="checkbox"/> Unity Point Health 515-241-2300	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	6000 University Ave, Suite 200 West Des Moines, Iowa 50266 www.unitypoint.org/desmoines/services-iowa-health-counseling-psychiatry-clinic.aspx
<input type="checkbox"/> Jeffery Ellens 515-777-3388	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	1045 76th St., Ste 3030 West Des Moines, Iowa 50266
<input type="checkbox"/> YESS 515-282-9377	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	918 S.E. 11th Street Des Moines, Iowa 50309 www.yessiowa.typepad.com
<input type="checkbox"/> Life Works Inc 515-255-8399	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	600 42nd Street Des Moines, Iowa 50312 www.lifeworksdm.com/lifeworksdm/index.jsp
<input type="checkbox"/> Counseling for Growth and Change 515-243-1020	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	6959 University Avenue Windsor Heights, Iowa 50324 counselingforgrowthandchange.com
<input type="checkbox"/> Children and Families of Iowa 515-288-1981	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	1111 University Avenue Des Moines, Iowa 50314 www.cfiowa.org
<input type="checkbox"/> Kavalier and Associates 515-267-1003	Provides individual and family counseling services. Most insurance plans accepted.	1003 Grand Avenue West Des Moines, Iowa 50265 www.kavalierandassociates.com
<input type="checkbox"/> Child Psychiatry Associates 515-288-5570	Provides child psychiatric and counseling services. Medicaid and most insurance plans accepted.	939 Office Park Rd Ste 200 West Des Moines, Iowa 50265
<input type="checkbox"/> Counseling Associates of Central Iowa 515-512-5167	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	3900 Ingersoll , Suite 201 Des Moines, Iowa 50312 www.counselingassociatesofcentraliowa.com
<input type="checkbox"/> Lutheran Services in Iowa 515-274-4946	Faith based service. Provides individual and family counseling services. Medicaid and most insurance plans accepted.	3125 Cottage Grove Ave Des Moines, Iowa 50315 www.lsiowa.org
<input type="checkbox"/> Integrative Counseling Solutions 515-267-1340	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	1200 Valley West Drive, Suite 306 West Des Moines, Iowa 50265 www.integrativecounselingsolutions.com
<input type="checkbox"/> West Des Moines Psychology and Associates 515-223-4188	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	1350 N.W. 138th St, Suite 200 Clive, Iowa 50325 www.wdmpsy.com
<input type="checkbox"/> Rhonda Lovell 515-367-0961	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	950 Office Park Road , Suite 139 West Des Moines, Iowa 50265
<input type="checkbox"/> Randal Reynolds 515-440-3804	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	4401 Westown Parkway, Suite 309 West Des Moines, Iowa 50266 www.drreynolds.org
<input type="checkbox"/> Family Legacy 515-727-1338	Faith based service. Provides individual and family counseling services. Medicaid and most insurance plans accepted.	5415 NW 88th St, Suite 100 Johnston, Iowa 50131 www.familylegacycounseling.com
<input type="checkbox"/> Orchard Place 515-244-2267	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	808 S. 5 th Ave Des Moines, Iowa 50309 www.orchardplace.org
<input type="checkbox"/> Des Moines Pastoral Counseling 515-274-4006	Faith based service. Provides individual and family counseling services. Medicaid and most insurance plans accepted.	8553 Urbandale Ave Urbandale, Iowa 50322 www.dmpcc.org
<input type="checkbox"/> Compass Clinical Associates 515-412-5112	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	2500 82nd Street Urbandale, IA 50322 www.compassclinicalassociates.com
<input type="checkbox"/> Wadle & Associates 515-270-1344	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	2327 70th Street Urbandale, IA 50322 www.wadleandassociates.com
<input type="checkbox"/> I Learn 515-279-3033	Provides individual and family counseling services. Medicaid and most insurance plans accepted.	2130 Grand Ave Des Moines, IA 50312 www.innovativelearningpros.com

Disclaimer - This is intended to assist the helping profession. This document is not a all -inclusive list of resources, additionally program description along with contact information can change without notice. The Behavioral Health Coalition is not held responsible for the information provided.