



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes
March 3, 2022
11:45 A.M.
Virtual Meeting

Attendance at the meeting:

Debra Schrader, Coalition Leader
 Lori Henrichs, Taylor County ISU Extension
 Jenny Robinson, Quad Counties 4 Kids
 Courtney Neal, Matura 1st Five
 Jessica Petter, Zion
 Lisa Carstens, Zion
 Julie Thomas, Taylor County 1st Five
 Taylor Lynch, Matura Head Start

Chelsea Dvorak, CIAC
 Joyce Westphal, private practice
 Liz Timmerman, Southwest Valley Schools
 Kristie Nixon, Southwestern Community College
 Taylor Lynch, Matura Head Start
 Alicia Reed, CHI Health
 Marilea Mullen, CHI Health

Materials

Coalition meeting materials are in Google Drive, and they are located [here](#). Agendas and minutes are located at <https://behavioralhealthcoalition.org/>.

Welcome/Introductions

At 11:45 Debra Schrader opened the meeting and introductions were made.

COVID Update

Currently the COVID rate is 27.8 per 100,000 people Adams County and 49.0 per 100,000 % in Taylor County. The highest in the state is 233 per 100,000 in Wayne County. Vaccination rate is 56% for Adams and 46% for Taylor County, the highest is 72% in Johnson County.

Review of meeting minutes

The minutes of the February 3, 2022 meeting were reviewed and accepted.

FY2022 Mission and Ministry Resiliency Grant Updates

Contractor and Annual Goals	Program	Updates
Southwestern Community College Goal: •Serve 22 families •Conduct 254 visits	Parents as Teachers	Southwestern Community College has completed the blending of the Parents as Teachers programs together and serves, Adair, Adams, Taylor and Union County. Adams County - 6 families, 9 children and 10 visits and 2 new referrals Taylor County - 27 families, 14 visits and 2 new referrals SWCC received \$1,000 program incentive bonus from the state for meeting certain benchmarks.
DD Consulting & LT Consulting Goal: •Provide 6 trainings •Serve 90 participants	Nurtured Heart Approach	Parent groups started in February and are offered every Wednesday, they are focusing on certain age groups and it has been widely successful. Coaching parents and school staff has been a big part of NHA. Parent cafes will be provided in the future. A therapist is interested in having her staff trained in NHA. Griswold Community Schools are also very interested in implementing NHA. It is apparent that southwest Iowa is progressive with evidence based programming that meets the needs of staff and students. It is estimated that more than 100 participants have been served this year, however some may be duplicates.

		Due to the work up front, the program will be sustainable.
Joyce Westphal Goal: •Provide 96 hours of raining/consultation •Serve 32 participants	Infant & Early Childhood Mental Health Consultation	It has been an active spring; many want to have Circle of Security training as well as consultation. Kristie Swier is working with child care center directors and is able to help with daily stressors. There is allot stress in child care and it's hard to keep competent staff. Consultation has assisted with the emotional stressors, anxiety in staff and children. Circle of Security training is being provided with Precious People child care center in Lenox and Tinker Tots child care center in Bedford with a total of 20 participants. Circle of Security training is currently being provided to family support workers, 7 of 8 trainings have been completed. Consultation is ongoing with family support providers.
Crisis Intervention & Advocacy Goal: •Serve 50 children •Serve 25 adults with 8 trainings	Sexual Abuse Prevention	The adult portion of the grant has been completed. Curriculum will be delivered in March and April at the Lenox Community School.
Lenox Community Schools Goal: •Purchase electronic devices	Technology	No report.

FY2022 Mission and Ministry Violence Prevention Planning Grant Updates

Contractor and Annual Goals	Program	Updates
Crisis Intervention & Advocacy •Planning •Train 1 coach/mentor •Serve 10 youth •Provide 3 sessions	Coaching Boys into Men & planning for Athletes as Leaders	Chelsea is conducting outreach with all three schools with minimal luck of engagement. Liz will follow-up with Chelsea regarding Southwest Valley Schools interest.
Joyce Westphal •Planning •Provide 6 trainings •Serve 24 participants •Provide 36 participant stipends	Mental health training and consultation	\$100 stipends are offered to child care providers when they complete the 16 hour Circle of Security training. Continues to work with CIAC with reflective consultation sessions.

Budget Updates

- *Resiliency Grant* – This is the 3rd and final year of the grant, to date 49% of \$168,260 in funding has been expended.
- *Violence Prevention Grant and Healthy Communities Grant* – This is the first year of the planning grants, to date 48% of \$86,000 has been expended.

FY23-FY25 MMF Violence Prevention Grant

The grant is written and will be submitted by the March 4, 2022 due date. Ashley Carroll, CHI Division Manager Community Benefit & Advocacy assisted with the grant and made changes where necessary. The total MMF grant request for the three year period is \$509,750 with matching funds of \$429,630 for a total project cost of \$939,380. Program components consist of continuation of Coaching Boys into Men with an ad-on of Athletes as Leaders, continuation of mental health consultation and continuation of Parents as Teachers. A one page logic model and overview was provided to the coalition. It is anticipated that we may have preliminary award notification by June 27, 2022.

Appreciation Reception

An appreciation reception will be June 27, 2022 from, 6:00 – 7:30 p.m. at the Corning Winery. Invitations are available to print or email.

FY23 Calendar

A draft of the FY23 meeting calendar was reviewed. It mirrors years past meeting the first Thursday of month with the exception of July and January.

Violence Data

Data from the Federal Bureau of Investigation was shared on Iowa and United States data. There was increase in violent crime during the pandemic.

Other Information

- Lisa Carstens, certified prevention specialist, would like to share about the efforts the prevention team did in September 2021 to promote Responsible Gaming Education Week (RGEW) in Area 13 (Adams, Clarke, Decatur, Madison, Ringgold, Taylor and Union). Presentations using the RGEW Toolkit were given to all employees at Lakeside Casino and four coalitions reaching a total of 150 people. They also met with 41 employees at 12 lotto vendors. With the two efforts combined, there was an average increase in knowledge of 80%. She also shared March is Problem Gambling Awareness Month. According to the Iowa Racing and Gaming Commission, Iowa bettors wagered a record \$303.3 million in January. The previous Iowa sports betting handle record was \$287.2 million in November of 2021. The January 2022 handle is a sharp increase of 103% over January 2021, the first month without in-person registration requirements in Iowa. The state did collect \$964,525.43 in sales tax revenue from sports wagering!
- Adams and Taylor County 1st Five collaborated together to provide a Lunch and Learn with CHI medical providers and had great engagement.
- Parents as Teachers will be having a Kids Jamboree April 25, 2022 at the Corning park for birth through 3rd grant, supper will be provided and a free book. Nurturing Healthy Sexual Development training will be held March 24th from 6:00-8:00 at Precious People child care center, supper will be provided; training will also be held at the Prescott Library April 7th from 6:00-8:00.

Next Meeting

Meeting adjourned at 1:00 P.M. The next meeting is April 7, 2022 at 11:45 and will be virtual.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.