



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes
CHI Health Mercy Corning
Conference Room
603 Rosary Drive
Corning, Iowa 50841
September 9, 2021
11:45

Attendance at the meeting:

Debra Schrader, Coalition Leader
Lori Henrichs, Taylor County ISU Extension
Jenny Robinson, Quad Counties 4 Kids
Marilea Mullen, CHI Health Mercy Corning
Kim Brantner, Taylor County ISU Extension
Alyssa Cline, Lenox Schools
Brittany Shinn, CIAC
Julie Thomas, Taylor County 1st Five

Kristie Nixon, SWCC
Courtney Neal, Matura 1st Five
Chelsea Jenkins, CIAC
Joyce Westphal, private practice
Taylor Lynch, Matura Head Start
Lisa Carstens, Zion
Dawn, Walton, Zion

Materials

Coalition meeting materials are in Google Drive, and they are located [here](https://behavioralhealthcoalition.org/). Agendas and minutes are located at <https://behavioralhealthcoalition.org/>.

Welcome/Introductions

At 11:45 Debra Schrader opened the meeting and introductions made. The Coalition thanked CHI for the complementary lunch.

Review of meeting minutes

The minutes of the August 5, 2021 meeting were reviewed and accepted with a small correction of a title.

COVID-19 Resources and Update

The COVID-19 rates are rising in Iowa and the younger population is being impacted more than before.

Zion Presentation

Lisa Carstens, Prevention Specialist at ZION, reported that September 19-25 is Responsible Gaming Education Week. In correlation with that, she gave a short presentation - Have a Game Plan - Bet responsibly from the American Gaming Association (AGA). Here are four main tips she shared:

- Set a budget and stick to it.
- Keep it social: play with friends, family and colleagues.
- Be informed: learn the details of the games you're playing.
- Play with trusted licensed, regulated operators.

She also shared that if anyone wants to utilize posters put out by the AGA to promote Responsible Gaming Education Week at your place of employment that she would be happy to share that information/links with you. In addition to this information, figures were shared about revenue earned throughout the state this past year including this information from the Iowa Gaming Association: Sports wagering, which saw its first full fiscal year since the activity was legalized in Iowa beginning in August 2019, generated nearly \$111.2 million in bets last month to surpass the \$1.2 billion mark for fiscal 2021.

Lisa Carstens with Zion provided a brief presentation on gambling.

FY2021 Mission and Ministry Resiliency Grant Updates

Contractor and Annual Goals	Program	Updates
Taylor County ISU Extension Goal: •Serve 12 families •Conduct 144 visits	Parents as Teachers	14 families are being served with 28 visits completed in August; visits are done in person visits
Southwestern Community College Goal: •Serve 10 families •Conduct 110 visits	Parents as Teachers	A new parent educator is in the process being trained and will begin serving Adams County soon. 4 families are being served hybrid style (in persona and electronic).
DD Consulting & LT Consulting Goal: •Provide 6 trainings •Serve 90 participants	Nurtured Heart Approach	A new approach will be used in the school to provide services; an outside trainer will work with the teachers. A ramp up training for parents will be provided this year. Services will be provided to the Child Care center in Corning. They have been unable to engage Precious People child care center in services.
Joyce Westphal Goal: •Provide 96 hours of raining/consultation •Serve 32 participants	Infant & Early Childhood Mental Health Consultation	Circle of Security is being provided to the family support programs and new family support staff has met with Joyce for training. Circle of Security training is scheduled with Precious People child care center in Lenox and the Tinker Tots child care center in Bedford. Consultation is ongoing with family support providers.
Crisis Intervention & Advocacy Goal: •Serve 50 children •Serve 25 adults with 8 trainings	Sexual Abuse Prevention	Programming will begin this fall at Lenox Schools.
Southwest Valley Schools Goal: •Purchase electronic devices	Technology	Promethean boards will be purchased this school year.
Coalition Members Goal: •Provide community education about ACEs	Outreach Efforts	A team of Coalition partners will continue with planning to offer ACES training, most likely in the spring with a focus on medical providers.

FY2022 Mission and Ministry Violence Prevention Planning Grant Updates

Contractor and Annual Goals	Program	Updates
Crisis Intervention & Advocacy •Planning •Train 1 coach/mentor •Serve 10 youth •Provide 3 sessions	Coaching Boys to Men & planning for Athletes as Leaders	Staff has been hired and training is underway. Letters of agreement will be sought from Lenox, Bedford and Southwest Valley to provide the programming in the schools. Planning will begin for Athletes as Leaders that will be written into the next violence prevention grant.
Joyce Westphal •Planning •Provide 6 trainings •Serve 24 participants •Provide 36 participant stipends	Mental health training and consultation	Planning for reflective consultation for domestic violence staff has begun. Child care stipends will be offered to child care staff that participate in the Circle of Security training.

Budget Updates

Resiliency Grant – This is the 3rd and final year of the grant, to date 6.9% of \$168,260 in funding has been expended.

Violence Prevention Grant and Healthy Communities Grant – This is the first year of the grant, to date 3.4% of \$86,000 has been expended.

Data

U.S. Census data and County Health rankings data were shared.

Violence Prevention Grant

Deb provided an overview of a 2016 report from CHI violence prevention projects in which 32 projects were funded from across the United States. Of the 32 projects 9 focused on youth violence, 4 on child abuse and neglect, 3 on bullying, 3 on family violence, 3 on human trafficking, 3 on teen dating the remainder on a mixture of violence prevention targets. Many program strategies for services involved Second Step, Green Dot, Shaken Baby, and home visitation. Deb provided information on six particular projects that had

similar strategies as what the Coalition had discussed in past meetings. The group discussed programming that would fill a community need as well as meet criteria of the violence grant. Relational violence, child abuse and neglect and human trafficking are areas of most concern. The following programming ideas will be considered for the letter of intent.

Agency	Programming
Crisis Intervention & Advocacy	Coaching Boys into Men (high school male focus) (evidenced based)
Crisis Intervention & Advocacy	Athletes as Leaders (high school female focus) (evidenced based)
Southwestern Community College	Parents as Teachers (families with children 0-5) (evidenced based)
Taylor County ISU Extension	Parents as Teachers (families with children 0-5) (evidenced based)
Joyce Westphal	Mental Health Training and Consultation (adults) (evidence based)
Crisis Intervention & Advocacy (in collaboration with other community partners)	Human Trafficking Awareness (all populations) (best practice)

A meeting will be held electronically with stakeholders to dive into the details as the letter of intent will most likely be due in October.

Community Health Needs Assessment

CHI Health Mercy Corning will conduct a community health needs assessment and the October 7, 2021 Behavioral Health Coalition meeting will be dedicated to the assessment. There will be no November meeting. The next meeting will be December 2, 2021 and will be held in person, tentatively.

Next Meeting

Meeting adjourned at 1:10 P.M.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.