



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes
Imagine the Possibilities
2246 Loomis Ave
Corning, Iowa 50841
November 1, 2018 (11:45 pm-1:00 pm)

Attendance

Those present at the meeting were:

- Deb Schrader, Coalition Leader
- Brandy Powers, Tobacco Prevention, Page County Public Health
- Debra Simmonds, 1st Five Taylor County Public Health
- Vicki Sickels, Quad Counties ECI
- Cathay Pringniz, Imagine the Possibilities
- Lori Hendrichs - ISU Extension
- Tallie Ramey - Crisis Intervention & Advocacy
- Sara Thompson - Student
- Lisa Wolfe - CHI Health Mercy Hospital
- Kim Branter - ISU Extension
- Karla Hynes - Matura

- Lexie Hach - Iowa Department of Public Health
- Don Willet - Adams County Emergency Management
- Liz Timmerman - Southwest Valley Schools
- Kris Richey - Crossroads Mental Health
- Sandra Boswell - Taylor County Public Health
- Ashlee Folsom - NE Aids Project
- Michelle Schroder - CHI Health Mercy Hospital
- Brian Kannas - Corning Fire Department
- Arlie Boustead - CHI Health
- Ashley Carroll - CHI Health

Welcome/Introductions

Debra Schrader opened the meeting. Those present introduced themselves. The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of meeting minutes

The minutes of the October 4, 2018 meeting were reviewed and accepted as presented with the acceptance of Kristie Nixon was not in attendance at the last meeting.

FY19 Budget

The Coalition has received an additional \$4,610 and is required to be utilized in the best practice line. It was consensus of the group to allocate \$2,305 to Southwestern Community College for Parents as Teachers and \$2,305 to Taylor County ISU Extension for Parents as Teachers. Deb will draft the MOU amendment for each program.

FY19 Wish List

Programs that currently receive funding through the Coalition submitted via Google Docs a list of additional needs along with estimated funding. The Coalition ranked each program in order of importance. The wish list is required to be submitted by 11-16-18. Below is the outcome of the ranking.

Goal Impacted	Name of Program & Estimated Costs	Description and Rationale (be brief)
Goal 3 Rank: 1 (Best Practice category)	Parents as Teachers Program \$20,000 personal home visits \$5,000 materials and supplies \$25,000 total request	The Parents as Teachers program is designed to educate, engage, address and improve the following protective factors in families with children prenatal - 5 years of age; parental resilience, social connections, knowledge of child development and parenting, concrete resources in times of need and social and emotional competence in children. The program goals are to increase parent knowledge of early childhood development, improve parenting practices, provide early detection of developmental delays and health issues, prevent child abuse and neglect, and increase children's school readiness and school success through personal home visits. Adams County ranks 6th in the State of Iowa for rate of reported child abuse and Taylor County ranks 9th in the state of Iowa for rate of reported child abuse. Contractors are Southwestern Community College & Taylor County I.S.U. Extension.
Goal 2	Adult and Youth Mental	There has been an increased need to offer Mental Health First aid with the private sector.

<p>Rank: 2 (Training category)</p>	<p>Health First Aid \$1,500 manuals <u>\$1,500</u> marketing materials \$3,000 total request</p>	<p>The instructors time is sustainable, however the class supplies remain to the biggest obstacle. Additionally by having marketing materials it will provide a strategy to gain more interest.</p>
<p>Goal 3 Rank: 3 (Best Practice category)</p>	<p>Circle of Security Parenting Group \$10,000 total request</p>	<p>The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Using the COS-P model developed by the Circle of Security originators, Crossroads trained facilitators work with parents and caregivers to help them to: Understand their child’s emotional world by learning to read emotional needs, support their child’s ability to successfully manage emotions, enhance the development of their child's self-esteem, honor the innate wisdom and desire for their child to be secure. Through this funding, Crossroads Behavioral Health Services (CBHS) would provide parenting classes using the Circle of Security model for Adams and Taylor Counties. The parenting classes would consist of eight, two-hour sessions administered by a licensed therapist certified in the Circle of Security model. Scholarships for twenty families at \$500 each would cover the cost of the classes for families with children who have experienced or may be at risk of physical and/or emotional abuse.</p>
<p>Goal 3 Rank: 4 (Training category)</p>	<p>Nurtured Heart Approach Advanced trainer \$2,000 total request</p>	<p>Nurtured Heart Approach Training would allow for two trainers to become Advanced Trainers for three years. This process has been helping parents and educators who have attended the free sessions in September in Corning and Villisca (SWV school district). These trainers will present this approach to parents, grandparents, educators and daycare providers who have heard about the success of the approach. By sending these 2 trainers to Advanced Training in January, new material and coaching ideas can be brought back and enhance or “notch up” NHA for those already using it and continue to provide sessions for those that are interested. The Nurtured Heart Approach has been shown to create transformative changes in children diagnosed with ADHD, Oppositional Defiant Disorder, Reactive Attachment Disorder and other behavioral, emotional and anxiety related symptoms. Giving parents and educators specific strategies when handling intense children helps build the child’s inner wealth and use that intensity in successful ways.</p>

Sustainability Plan

A draft of the sustainability plan was reviewed. This is required to be submitted no later than December 4th.

Needs Assessment

CHI Health Mercy Corning is required to conduct a community health needs assessment every three years and it's time to start planning for a new one. Arli Boustead presented data and input was sought from Coalition members regarding identified needs. Arlie will attend another Coalition meeting to provide a draft of the community health needs assessment.

Next Meeting

The next meeting is December 6, 2018 will be at the hospital.
Respectfully submitted, Debra Schrader, CHI Coalition Leader.