



# Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

**Meeting Minutes**  
**CHI Health Mercy Corning**  
**603 Rosary Drive**  
**Corning, Iowa 50841**  
**January 3, 2019 (11:45 pm-1:00 pm)**

## **Attendance**

Those present at the meeting were:

Deb Schrader, Coalition Leader

Lori Hendrichs, ISU Extension

Kim Branter, ISU Extension

Liz Timmerman, Southwest Valley Schools

Kris Richey, Southwest Iowa Region

Jodi Haley, Zion Recovery

Brandy Powers, Tobacco Prevention, Page County Public Health

Debra Simmonds, 1st Five Taylor County Public Health

Terry Cross, Taylor County Community Member

Dennis Norton, Taylor County Community Member

Vicki Sickles, Quad Counties 4 Kids

Kim Kuhn, Pursuit of Independence

Cathay Pringniz, Imagine the Possibilities

Tallie Ramey, Crisis Intervention & Advocacy

Lisa Dicks, Matura

Stephanie Fluckey, Crisis Intervention & Advocacy

Erin Miller, Crossroads

Brittany Palmer, Crossroads

Kayli Crittenden, Crossroads

## **Welcome/Introductions**

Debra Schrader opened the meeting. Those present introduced themselves.

The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

## **Review of meeting minutes**

The minutes of the December 6, 2018 meeting were reviewed and accepted as presented.

## **Website**

No new update.

## **First Aid Mental Health**

Cathay Pringniz updated the group on adult mental health first aid trainings. There will be having a training at Imagine the Possibilities in the near future. More trainings will be set up in the spring with SWCC.

Stephanie Fluckey updated the group on youth mental health first aid. Trainings will be scheduled every other month and rotate between Adams and Taylor County. Stephanie will investigate CEU's for the youth trainings.

The Coalition has obtained an additional \$3,000 for a total of \$7,000 for adult and youth mental health first aid and Cathay and Stephanie will work together to order booklets and supplies and will submit one bill for expenses.

## **Nurtured Heart Approach**

Liz Timmerman and Darci Dalton will be attending training in Tucson Arizona this month. Southwest Valley Schools teachers and staff will be trained and CEU's for teachers are approved. A training is scheduled in Lenox at Precious People for February 11 and 14th. Liz and Darci are working with Child Care Resource & Referral to offer additional trainings to child care providers. CEU's can be obtained for social work and nursing and child care credit can be obtained as well. It was noted there are 2 other trainers in the state but are in northern Iowa and Eastern Iowa. The Coalition has obtained an additional \$2,000 for HHA training expenses. Additionally, there is \$500 that can be spent on supplies to help with costs with the February training.

## **Sexual Abuse Prevention**

Tallie Ramey updated the group on sexual abuse prevention training. To date 50 children at the Lenox Schools in 2nd and 4th grade have received Second Step training. Tallie has met with staff at Southwest Valley Schools to offer Safe Dates training to 9th and 10th graders. Additionally, planning is underway to offer Nurturing Health Sexual Development training to Lenox School teachers and staff. She is working to generate interest in offering a NHSD training in Adams County.

### **Capturing Kids Hearts**

Liz Timmerman updated the group on Capturing Kids Hearts. Southwest Valley Middle School has been nominated as a "Showcase School " for Capturing Kids Hearts. There has been favorable results utilizing CKH in the middle school and middle school attendance has improved. It was noted it takes between 3-5 years to see results.

### **Circle of Security**

Erin Miller with Crossroads updated the group on Circle of Security. It was noted that Crossroads will contract with a trained facilitator to provide one session in COS. The Coalition obtained additional funding of \$3,000 to provide two sessions before the end of the fiscal year. Crossroads told the group they will be providing one session not two leaving the \$1500 unallocated. It was consensus of the group to allocate the remainder to Taylor County ISU Extension for the Parents as Teachers. Deb will check with Joan Lindenstein as to the possibilities of reallocation to the Parents as Teachers program.

### **Parents as Teachers**

Kim Branter and Lori Hendrichs with Parents as Teachers updated the group and to date they have conducted 67 home visits. The funding has been depleted as of December 31, 2018. The program is in need of additional funding.

### **FY19 Budget**

The budget was reviewed and to date 56% of the funds have been expended. It is expected that all funds will be expended by June 30, 2019. The budget has increased by \$12,610 since July 1, 2018.

### **Other Updates**

#### *Informational Meeting*

An informational meeting on the Families First Act will be February 16, 2019 at 1:00 at Wells Fargo in Indianola, the public is invited to attend.

#### *Law Enforcement*

Jodi Haley will visit with law enforcement in Adams and Taylor County and survey their needs. It was discussed to have law enforcement be an agenda item to provide feedback on trends.

#### *Mission and Ministry Fund Planning*

On behalf of the Coalition, a letter of intent to the Mission and Ministry Fund was submitted October 5, 2018 with the overall goals to reduce child abuse and increase resiliency. The Coalition has been chosen to submit a full proposal by March 1, 2019. It would behoove the Coalition to invest in 80% of programming to be evidenced based/informed as well as have some concentration on medical personnel. After much discussion and in order to move the process along and to gather input from all Coalition members a planning grant document will be utilized to gather information for the grant. It was consensus of the group to send it out as soon as possible with it due back to Deb Schrader by January 14, 2019. A team of Coalition members volunteered to assist with reviewing the grant planning documents and provide recommendations for programming at the February 7, 2019 meeting. It was noted there will be a webinar with the funder on January 15th that will provide more detail as well as the format for the grant.

### **Next Meeting**

The next meeting is February 7, 2019 will be at the hospital.  
Respectfully submitted, Debra Schrader, CHI Coalition Leader.