



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes
Imagine the Possibilities
2246 Loomis Ave
Corning, Iowa 50841
August 2, 2018 (11:45 pm-1:00 pm)

Attendance

Those present at the meeting were:

Deb Schrader, Coalition Leader

Brandy Powers, Tobacco Prevention, Page County Public Health

Debra Simmonds, 1st Five Taylor County Public Health

Kris Richey, Crossroads Behavioral Health Services

Vicki Sickels, Quad Counties ECI

Cathay Pringniz, Imagine the Possibilities

Kim Kuhns, Pursuit of Independence

Linda Terry, Angles Care

Kristie Nixon - Southwestern Community College

Kim Brantner - ISU Extension

Lexie Hach - Iowa Department of Health

Lori Nosekable - Southern Hills Region

Liz Timmerman - Southwest Valley Schools

Welcome/Introductions

Debra Schrader opened the meeting. Those present introduced themselves.

The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of meeting minutes

The minutes of the June 7, 2018 meeting were reviewed and accepted as presented.

FY18 Showcase Summary

Deb reviewed with the group an FY18 Showcase summary that is a snapshot of the work and outcomes from FY18.

Web Based Resource Guide

Deb Schrader updated the group on the website. Vicki Sickels has been trained and has administrative rights to the website. It is planned to have Lori Nosekable and Brandy Powers trained to have administrative rights to the website as well.

Community Wide Trainings

Mental Health First Aid Training (Adult and Youth)

During FY18, 13 trainings were completed serving 158 community partners in adult and youth mental health first aid with 70% of participants either living, working or serving Adams and Taylor County. Cathay reported that adult trainings are scheduled at SWCC for August, September, October and November. No report on youth mental health first aid.

Nurtured Heart Approach

Liz Timmerman and Darci Dalton, Southwest Valley Nurse are now trained facilitators and will be offering education sessions Sunday evening, August 12th from 6:00-7:00 at the Villisca Community Building or Sunday evening, August 19th from 6:00-7:00 at the Corning Community Building. Liz is working with the business community to bring awareness and had garnered support from the Corning Mayor and has been able to obtain the space for free to conduct the trainings. Liz also reported that therapists have now started implementing the Nurtured Heart Approach.

Evidenced Based Prevention

Capturing Kids Hearts

Liz reported five new teachers attended a two day training in Des Moines in July.

Circle of Security

Two staff from Crossroads attended Circle of Security training in June.

System Solutions

Nothing new to report.

Sustainability

Nothing new to report.

FY18 Budget

The Coalition reviewed the FY18 budget and 99.3% of the budget was expended. During the course of the FY18 year the Coalition was able to secure additional funding of \$41,430 for a total budget of \$110,893. All expenditures have been processed for FY18 and the budget is now closed.

FY19 Budget

This is the third meeting for Coalition members to provide input in the FY19 budget. A new program Parents as Teachers may be added to the Best Practice line item. The budget for FY189 is \$57,133.

Southern Hills Mental Health Region Presentation

Lori Nosekable provided an overview of [SF504](#) and [HF2456](#) and how this impacts the region. [HF2456](#) instructs that new services will be required to implemented by July 1, 2021 which causes challenges due to the cost of implementing some of the new services. Some of the new services are, Assertive community treatment, 24 hour crisis line, warm line, 24 hour crisis holding, crisis stabilizing community based, and jail diversion. The region may work with other regions to implement some of the new services. [SF504](#) instructs that regions are required to spend down their funding to no more than 25%, which will cause cash flow issues.

Funding Consideration for Parents as Teachers

Due to the Coalition being able to secure additional funding the later part of June for program expenditures, it assisted the FY19 budget best practice line item in a positive way. Additionally, a Prevent Child Abuse Iowa grant was not awarded funding for home visitation and has left a great void in Adams and Taylor County. Deb had approval from CHI Health to move forward with information gathering regarding supporting Parents as Teachers home visitation in both counties. An application was provided to Southwestern Community College and ISU Extension requesting data, need, outcomes, and costs per visit. The Coalition reviewed the applications and it was consensus to support Parents as Teachers in both counties. At this time there is \$13,431 that will be split between both agencies.

Other Items

At the November 1, 2018 Coalition meeting, Arli Boustead with CHI Health will be present to gather input into a needs assessment. The majority of the agenda will be focused on this task.

Due to the work of the Coalition, the Prescott Church Disciples of Christ worked with Brandi to provide Hidden in Plain Sight community education on July 23, 2018.

Next Steps

- Deb will draft MOU's for ISU Extension and Southwestern community College.

Next Meeting

The next meeting is September 6, 2018 at the CHI Mercy Hospital board room.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.