



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes - Corning
CHI Health Mercy Corning
605 Rosary Drive
Corning, Iowa 50841
June 7, 2018 (11:45 pm-1:00 pm)

Attendance

Those present at the meeting were:

Deb Schrader, Coalition Leader

Brandy Powers, Tobacco Prevention, Page County Public Health

Debra Simmonds, 1st Five Taylor County Public Health

Kris Richey, Crossroads Behavioral Health Services

Vicki Sickels, Quad Counties ECI

Cathay Pringniz, Imagine the Possibilities

Kim Kuhns, Pursuit of Independence

Jenn Miller, Lenox Community Schools

Welcome/Introductions

Debra Schrader opened the meeting. Those present introduced themselves.

The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Brandy shared information about the new [JUUL e-cigarettes](#). It was noted it looks like a thumb drive.

Information was shared about the [Annual Connections Symposium](#) sponsored by Area Agency on Aging June 14 from 9:30-2:00 at SWCC in Creston. Registration is \$27 and CEU's are offered.

Review of meeting minutes

The minutes of the May 3, 2018 meeting were reviewed and accepted as presented.

Web Based Resource Guide

Deb Schrader updated the group on the website. Google analytics were shared with the group. It was noted that Southern Hills Mental Health region received the second most page views.

Community Wide Trainings

Mental Health First Aid Training (Adult and Youth)

To date 111 community partners have been trained in adult mental health first aid and 30 community partners have been trained in youth mental health, the goal was to train 60 annually and that has been surpassed. Cathay noted that local industry/business is greatly interested in having the adult training. Businesses have reported that there is an increase in mental health issues of around 60-70% of workers in the plants. Clarinda Regional Medical Center would like to have an adult training. An adult training at SWCC is scheduled for June 21, 2018 in Creston. A youth training is scheduled for June 21, 2018 in Bedford as reported by Stephanie Fluckey via email.

Nurtured Heart Approach

Liz Timmerman and Darci Dalton, Southwest Valley Nurse, will attend the training June 24th - 29th in Minnesota. Nothing new to report.

Evidenced Based Prevention

Capturing Kids Hearts

Jenn Miller updated the group on Capturing Kids Hearts. The Lenox Community Schools have seen great improvements in behavioral issues, however there has yet to be an improvement in attendance. The program has been able to identify high risk students which in turn allowed staff to target assistance. Kids are now reaching out to teachers where they haven't in the past. It was reported approximately 75% of the staff has embraced this new concept. Jenn shared several stories of the successes with students as well as staff. Jenn will provide Deb with student stories, a personal excerpt, and a story from the principal as to how this program has impacted their lives at school and/or at home. A teacher, Mitch Sorenson is committed to Capturing Kids Hearts and will now become a trainer. It was reported that Mt. Ayr Community Schools visited a day at the Lenox Community School to see how the program impacts children and staff. Mt. Ayr plans is planning to implement Capturing Kids Hearts in the school.

Circle of Security

Two staff from Crossroads will be attending Circle of Security training in June 25th - 28th in Spokane Washington. Nothing new to report.

System Solutions

Nothing new to report.

Sustainability

The draft sustainability plan was reviewed by the Coalition.

FY18 Budget

The Coalition reviewed the FY18 budget. It is anticipated that all grant funds will be expended by June 30, 2018. The Coalition has received recent notice that it will receive \$10,874 to assist with costs associated with Capturing Kids Hearts. There is a possibility of receiving an additional \$10,700 before the end of the fiscal year. There is \$1,272 remaining that can be spent on first aid mental health workbooks that cost \$16.95 each and Crisis Intervention is planning on purchasing adult and youth workbooks and then will turn in a bill by the end of June. There is \$1,431 remaining that is to be spent on meals and books/materials for the Nurtured Heart Approach training in Minnesota the last week of June. There is \$1,000 remaining to be spent on Capturing Kids Hearts teen leadership curriculum with 2 teachers to be trained at \$295 each and 2 hard copies of the teacher's manual @ \$100 each for total of \$790. The remainder \$210 could go for materials if needed. Circle of Security training is budgeted at \$12,000 and no bills have yet to be turned in. Kris will follow-up with Crossroads regarding billing.

FY19 Budget

This is the second meeting for Coalition members to provide input in the FY19 budget. It was consensus of the Coalition to allocate \$4,000 to mental health first aid expenses and the remainder \$4,833 to Nurtured Heart Approach expenses. The budget can be adjusted if needed during the year. Due to some unknown factors with funding in the FY18 budget for best practice programs, i.e. Capturing Kids Hearts and Circle of Security, allocations for FY19 is somewhat undetermined. The Coalition came to consensus that allowable expenses may include workbooks, meeting supplies that may include paper, name tags and light refreshments.

Other Items

2nd Annual Summit

The 2nd annual behavioral health summit was May 23, 2018 from 9:30-3:00 and 5 community partners attended. Liz provided a presentation on the Nurtured Heart Approach.

Reports

Deb reminded the Coalition that the progress reports are due in June.

Next Steps

- Jenn will provide Deb with a student stories, a personal excerpt, and a story from the principal as to how this program has impacted their lives at school and at home.
- Jenn will work with Liz to get a Lenox School invoice for the \$790 and other expenses for Capturing Kids Hearts turned in to Deb.
- Kris will follow-up with Crossroads regarding expenses for the Circle of Security training and get them submitted to Deb.
- Deb will see if the Prescott Church would be interested in a Hidden in Plain sight display.

Next Meeting

There is no July meeting due to the holiday. The next meeting is August 2, 2018 at Imagine the Possibilities with a presentation from Southern Hills Mental Health region regarding new legislation.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.