



# Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

**Meeting Minutes - Corning**  
**CHI Health Mercy Corning**  
**605 Rosary Drive**  
**Corning, Iowa 50841**  
**May 3, 2018 (11:45 pm-1:00 pm)**

## **Attendance**

Those present at the meeting were:

Deb Schrader, Coalition Leader

Brandy Powers, Tobacco Prevention, Page County Public Health

Liz Timmerman, At Risk Coordinator, SWV Schools

Debra Simmonds, 1st Five Taylor County Public Health

Kris Richey, Crossroads Behavioral Health Services

Brenda Comer, 1st Five, Matura

Lisa Wolfe, CHI Health Mercy Hospital

Vicki Sickels, Quad Counties ECi

## **Welcome/Introductions:**

Debra Schrader opened the meeting. Those present introduced themselves.

The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

## **Review of meeting minutes**

The minutes of the April 5, 2018 meeting were reviewed and accepted as presented.

## **Web Based Resource Guide**

Deb Schrader updated the group on the website. Google analytics were shared with the group. It was noted that marketing the website would be advantageous.

## **Evidenced Based Prevention**

### *Capturing Kids Hearts*

Liz Timmerman updated the group on Capturing Kids Hearts. Two high school teachers will provide leadership to approximately 50 Southwest Valley students to implement the program. Training is on track for FY19 and Lenox will be sending 4 teachers to the training. There is still no interest from Bedford Schools. It was reported that Sarah Stone will be moving out of the area but will fulfill her agreement to provide programming in FY19.

### *Circle of Security*

Two staff from Crossroads will be attending Circle of Security training in June 25th - 28th in Spokane Washington. Nothing new to report.

## **Other Trainings**

### *Mental Health First Aid Training (Adult and Youth)*

To date 129 community partners have been trained in adult and youth mental health, the goal was to train 60 annually and that has been surpassed. Due to the recent legislation, schools are required to offer 1 hour of suicide prevention. Mental Health First Aid could assist with the requirement.

### *Nurtured Heart Approach*

Liz Timmerman updated the group on Nurtured Heart Approach. Liz and Darci Dalton, Southwest Valley Nurse, has registered to attend the training June 24th - 29th in Minnesota. Liz was able to secure two scholarships to defray the costs of the training which will allow for two people to be trained versus one.

## **System Solutions**

Nothing new to report.

## **Sustainability**

The draft sustainability plan was reviewed. It was discussed in order to sustain the website if ads could be sold.

**FY18 Budget**

The Coalition reviewed the FY18 budget. It is anticipated that all \$88,169 grant funds will be expended by June 30, 2018.

**FY19 Budget**

Planning is underway with the FY19 budget. It was consensus that starting something new would not be advisable and to support and strengthen the existing programs, Nurtured Heart Approach, Mental Health First Aid, Capturing Kids Hearts, and Circle of Security. It was consensus to support tangible items for Nurtured Heart Approach and Mental Health First aid, i.e. workbooks, materials, as well as program expenses, etc. There was also consensus that no salaries would be paid to provide community programming/training. There will be another opportunity for input into the budget at the June meeting.

**Other Items***2nd Annual Summit*

The 2nd annual behavioral health summit will be May 23, 2018 from 9:30-3:00 and 7 community partners have agreed to attend. Liz and Sarah will provide a presentation on the Nurtured Heart Approach.

*Hidden in Plain Sight*

Brandi Powers provided an overview of the Hidden in Plain Sight display that was held at the last meeting. There were more than 20 in attendance for the display. There is community excitement around the display and other organizations/initiatives are interested in seeing it. Deb will see if the Prescott Church is interested in a display.

*Children's Mental Health Board*

Governor Reynolds has signed an executive order to create a children's mental health board. This is a step in the right direction to addressing the mental health system in Iowa.

**Next Steps**

- Deb will see about the possibility of running paid ads on the website to generate funding.
- Deb will see if the Prescott Church would be interested in a Hidden in Plain sight display.
- Deb will contact Lori Nosekable to provide a presentation on the changes with the mental health region and the new services to be offered.

**Next Meeting**

The next meeting is June 7, 2018 at 11:45 at CHI Hospital in Corning.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.