



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes - Corning
CHI Health Mercy Corning
605 Rosary Drive
Corning, Iowa 50841
March 1, 2018 (11:45 pm-1:00 pm)

Attendance

Those in present at the meeting were:

Deb Schrader, Coalition Leader
Brandy Powers, Tobacco Prevention, Page County Public Health
Liz Timmerman, At Risk Coordinator, SWV Schools
Debra Simmonds, 1st Five Taylor County Public Health
Kris Richey, Crossroads Behavioral Health Services
Kim Kuhn, Director, Pursuit of Independence
Cathay Pringniz, Imagine the Possibilities
Vicki Sickels, Quad Counties 4 Kids
Emily Rokusek, MCO United Health Care
Lisa Dicks, MATURA

Welcome/Introductions:

Debra Schrader opened the meeting. Those present introduced themselves.
The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of meeting minutes

The minutes of the February 1, 2018 meeting were reviewed and accepted as presented.

Plan Development

Web Based Resource Guide - Deb Schrader updated the group on the website. A Google calendar is embedded into the website that can be utilized by the community for trainings or other information.

Mental Health First Aid Training (Adult and Youth)

The youth mental health first aid training scheduled for February 17th from 8:0-5:00 at the United Christian Presbyterian Church in Bedford was cancelled due to low enrollment. A new youth training is scheduled April 9, 2018 from 8:00 -5:00 at AJ Counseling in Corning. Adult mental health first aid trainings will be as follows, March 9th and April 6th at Imagine the Possibilities in Corning and March 23rd, and April 13th at Imagine the Possibilities in Creston. A training will be held in May at SWCC in Creston. All trainings are open to the public and anyone is welcome to attend free of charge.

Evidenced Based Prevention

Liz Timmerman updated the group on Capturing Kids Hearts. It was reported that teachers are highly engaged and using the skills they learned in the training and they are seeing great strides. It is noted that it takes from 3-5 years to fully see a difference in the students. Training elementary staff in May has been scheduled. Deb will let Liz know how much is in the 3rd year budget for the training.

Other Trainings

Liz updated the group on the Nurtured Heart Approach training that Stacey Lancaster held the first class February 21, 2018 with 15 parents in attendance. Sarah Stone was able to attend and to be mentored with Stacey which is an added benefit. Sarah may apply for funds from Poet to offer Nurtured Heart Approach parent education to the community. There is much excitement around the Nurtured Heart Approach and Southwest Valley Schools would be interested in using it in the entire school system.

Two staff from Crossroads will be attending Circle of Security training in the spring.

Liz mentioned Parent Cafe and this may be something could be implemented in the 3rd year of the grant.

System Solutions

A meeting was held February 28, 2018. It was noted that due to many providers having staff turnover that mental health first aid would be advantageous to have. It was also noted that the process has run much smoother with the new magistrate.

Sustainability

A sustainability plan has been drafted and nothing new to report. Deb will keep adding as items develop.

Other Business

Legislation

Children's Mental Health and Well Being Advisory Committee [recommendations](#) were presented to the Health and Human Services appropriations subcommittee on February 28, 2018. The recommendations included having area boards with certain membership criteria with the goal to provide for coordination of efforts to maintain prevention efforts, services and support that promote improved mental health and well-being for children and families. A white paper is available [here](#) to learn more about the advisory committee. The recommendations mirror what the Behavioral Health Coalition is currently implementing.

Budget

The Coalition reviewed the FY18 budget. The following was noted.

- Capturing Kids Hearts - It was noted there may be \$1,000 left in the Capturing Kids Hearts and that additional curriculum could be purchased with the unspent funds.
- Nurtured Heart Approach - There may be approximately \$1,300 left in the parent education line and there is \$1,456 left in the train the trainer line. This funding can be utilized for Liz to attend the train the trainer in Minnesota. Registration is \$1,999 and hotel, meals and travel will most likely exceed \$1,000. The Coalition was in consensus to utilize the unspent funds to have another trainer.
- Mental Health First Aid training - Currently there is \$1,051 unexpended in the line item, but there are anticipated bills to be submitted and most likely will run out of funds.
- Circle of Security - There is \$12,000 allotted for this expense and more will be known about the expenses in May.

Behavioral Health Coalition Summit

The summit will be May 23, 2018 in Omaha and it is a desire to have 5 -6 people from the Coalition to attend.

Next Steps

- Liz will continue to seek out a student to craft a fill-able PDF of the emergency room form.
- Deb will get a Memorandum of Understanding to Liz Timmerman for the Nurtured Heart Approach train the trainer.

Next Meeting

The next meeting is April 5, 2018 at 11:45 at CHI Hospital in Corning.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.