



# Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

**Meeting Minutes - Corning**  
**CHI Health Mercy Corning**  
**605 Rosary Drive**  
**Corning, Iowa 50841**  
**February 1, 2018 (11:45 pm-1:00 pm)**

## **Attendance**

Those in present at the meeting were:

Deb Schrader, Coalition Leader  
Brandy Powers, Tobacco Prevention, Page County Public Health  
Kathy Peckham, CHI Health Mercy Hospital  
Liz Timmerman, At Risk Coordinator, SWV Schools  
Debra Simmonds, 1st Five Taylor County Public Health  
Lexie Hach, Iowa Department of Public Health  
Jocelyn Blazek, Creston Cluster DCAT/CPPC  
Kris Richey, Crossroads Behavioral Health Services  
Sarah Stone, Green Hills Area Education Agency

## **Welcome/Introductions:**

Debra Schrader opened the meeting. Those present introduced themselves.  
The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

## **Review of meeting minutes**

The minutes of the January 4, 2018 meeting were reviewed and accepted as presented.

## **Plan Development**

*Web Based Resource Guide* - Deb Schrader updated the group on the website. The group was provided with an analytics report from December, there were 62 users and 204 page reviews. A behavioral health resource word document has been drafted and will also be put on the website.

### *Mental Health First Aid Training (Adult and Youth)*

Brittany Homan and Stephanie Fluckey will provide their first youth mental health first aid training on February 17th from 8:0-5:00 at the United Christian Presbyterian Church in Bedford. Adult mental health first aid training will pick back up in the spring.

### *Evidenced Based Prevention*

Liz Timmerman updated the group on Capturing Kids Hearts. At this time Lenox Community Schools does not plan to participate in the next training slated for May 29-30th. Southwest Valley Community Schools will take the lead and have additional staff trained. Deb will let Liz know how much is in the 3rd year budget for the training.

Liz updated the group on the Nurtured Heart Approach training that Stacey Lancaster will have the first class February 21, 2018 and then each Wednesday after that for six weeks. The cost is \$125 for each parent that attends the training. Liz received word that a \$950 DCAT grant was received to help support costs related to the training. Training is open to families that attend Lenox, Bedford or Southwest Valley Schools.

Sara Stone from the AEA attended the Nurtured Heart Approach training in Tucson Arizona January 14-19, 2018 and is now a certified Nurtured Heart Approach trainer. Sara explained how the NHA has assisted her family and the differences it has made. Liz would be interested in becoming a NHA trainer and there is a training in June 24-29 in Minneapolis Minnesota. Deb will look at the budget for FY19 and see there would be funds for the training.

### *System Solutions*

The next meeting is February 28, 2018. The Emergency Room Assessment was discussed and it would be helpful to have this in a fill-able PDF file. Liz will see a student when be able to convert the word document to a fill-able PDF.

## **Sustainability**

A sustainability plan has been drafted and will be an agenda item for future meetings. As new developments happen, information will be added to the sustainability plan. Kris noted that there is interest at the state level to provide funding to support Coalitions such as this. She will keep us up to date as to the progress.

## **Other Business**

### *Circle of Security*

On January 23, 2018 the Coalition was informed that they were awarded an additional \$12,000 to send two people to Circle of Security training. A memorandum of understanding had been issued to Crossroads Behavioral Health Services. The funding is to be used only to get staff certified. It's possible that Iowa Community Abuse Prevention funding from Prevent Child Abuse Iowa could be applied for to assist with incidentals of providing the training to the community in Adams and Taylor County. Deb will work with Jocelyn in regards to the ICAP grant.

### *Healthy Minds*

Kathy explained that CHI marketing has drafted about adolescent health and asked for input about adding the Coalitions website or other information on the back page. The Coalition agreed that the website should be added as well as <https://yourlifeiowa.org/>.

### *Hidden in Plain Sight*

Brandy Powers updated the group on the display. A display will be available to the Coalition April 5th.

### *Budget*

The Coalition reviewed the FY18 budget and spending is at 60%. Deb will keep a close eye on the budget to make all funds are expended by June 30, 2018.

## **Next Steps**

- Liz will see if a student can make a fill-able PDF of the behavioral health resource.
- Deb will research the 3 year budget in regards to funding for Capturing Kids Hearts as well as if there are funds to send Liz to the NHA training.

## **Next Meeting**

The next meeting is March 1, 2018 at 11:45 at CHI Hospital in Corning.  
Respectfully submitted, Debra Schrader, CHI Coalition Leader.