



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

**Meeting Minutes - Corning
CHI Health Mercy Corning
605 Rosary Drive
Corning, Iowa 50841
January 4, 2018 (11:45 pm-1:00 pm)**

Attendance

Those in present at the meeting were:

Deb Schrader, Coalition Leader
Brandy Powers, Tobacco Prevention, Page County Public Health
Kathy Peckham, CHI Health Mercy Hospital
Liz Timmerman, At Risk Coordinator, SWV Schools
Brenda Comer, 1st Five, Matura
Kim Kuhn, Director, Pursuit of Independence
Lisa Wolfe, CHI Health Mercy Hospital
Cathay Pringniz, Imagine the Possibilities
Debra Simmonds, 1st Five Taylor County Public Health
Mary O'Riley, Prescott United Church of Christ
Brittney Homan, Counselor, Turning Point
Stephanie Fluckey, Crisis Intervention & Advocacy
Vicki Sickels, Quad Counties 4 Kids
Sarah Stone, Green Hills Area Education Agency

Welcome/Introductions:

Debra Schrader opened the meeting. Those present introduced themselves.
The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of meeting minutes

The minutes of the December 7, 2017 meeting were reviewed and accepted as presented.

Plan Development

Web Based Resource Guide - Deb Schrader updated the group on the progress of the website. A website training was conducted with BCom, Vicki Sickels and Deb on 12/11/17 at 2:00. There were a few things that needed to be changed on the website by BCom. Behavioral health providers can submit information to be added as a resource and current providers can update their information as well. A form is completed then sent to the Coalition email address which in turn is entered on the website. In one month there were 306 views on the website. Deb announced that additional funding from the Mission and Ministry Fund (MMF) was allocated for website expenses in the amount of \$1,206. This will allow to prepay for another year of web hosting, domain, and performance package through BCom. If all goes well, there should be enough grant funding to pay for website expenses through November 2020.

Mental Health First Aid Training (Adult and Youth)

Cathay Pringniz updated the group regarding adult mental health first aid trainings that have been conducted. As of December 31, 2017 there have been 79 people trained of which 64.6% of the attendees represent Adams or Taylor county. The next training will start January 12th from 8:30-4:30 and will be held at Imagine the Possibilities in Corning. Future trainings will be held the 1st and 2nd Friday of each month January, February and March, rotating in Creston and Corning. It was noted that staff that attend from Imagine the Possibilities that the books will be paid for with the agencies training dollars and not the CHI grant. It was noted that those that have attended the training will need to recertify online every three years, but would not need to retake the class. Southwest Valley Schools are interested in the training as well and it may be more beneficial to have the youth versus the adult training. Liz will submit for a DCAT grant to purchase the books for staff at Southwest Valley Schools.

Brittany Homan and Stephanie Fluckey updated the group on the youth mental health first aid training. A training is scheduled for Saturday February 17, 2018 from 8:00-5:30 at the UPC Church in Bedford. The group had discussion as to whether a training is better when presented in an 8 hour time block or two 4 hour time blocks. The feedback that Cathay has received is about 50/50 on time

offerings. Brittany and Stephanie are planning a training in Corning for April and are looking for free space. CHI Hospital board room could be utilized free of charge as well as free space offered by AJ Counseling on main street Corning. It was noted that CEU's will be available for participants. Partnering with Southwestern Community College and Iowa Western Community College as they can assist with advertising, administration, and CEU's. It was noted that foster care parents are in need of continuing education and mental health first aid would meet the criteria.

Evidenced Based Prevention

Liz Timmerman updated the group on Capturing Kids Hearts. The schools are recharging after the Christmas break. They will be evaluating the progress and make adjustments were needed. It was noted that the programming is working very well in the middle school.

Liz updated the group on the Nurtured Heart Approach training that Stacey Lancaster will be doing in March. She will conduct a 6 weeks of two hour sessions with parents and caregivers. Parents in need will be identified by the school and other community partners.

Deb updated the group that additional funding was allocated from Mission and Ministry Fund (MMF) of \$5,500 to send someone to training. Sara Stone from the AEA will be attending training in Tucson Arizona January 14-19, 2018 to become a certified Nurtured Heart Approach trainer. A MOU has been issued to Sarah, training registration, hotel and airline ticket has been purchased. There was a quick turnaround time as grant award notice was received on 12-18-17. Sarah shared with the group the impact that Nurtured Heart Approach has had with her and her family as well as the positive outcomes they are experiencing.

System Solutions

Kathy Peckham updated the group regarding the collaborative protocol for mental health committals. There was a meeting on December 27, 2017 with two in attendance to discuss one case. Things have slowed down in regards to mental health committals.

Other Business

Semiannual Report

Deb submitted the semiannual report by the due. A one page report was provided to the Coalition about the progress made in the first 6 months. Along with the report the budget was also reviewed, to date 67.1% of the budget has been expended. The revised total budget is \$76,169 in which \$51,119.08 has been expended as of December 31, 2017.

Coalition Round Table

Deb Schrader shared the outcome of the request for additional funds. Two of the four items were granted at this time; website expenses for \$1,206 and \$5,500 for train the trainer Nurtured Heart Approach.

Adams County Foundation Grant

Due to the hospital applying for the grant this cycle, it was decided to wait and apply for a foundation grant on the next cycle, if needed.

Hidden in Plain Sight

Brandy Powers provided information about an interactive display where a mock teen bedroom is set up. A DCAT grant was submitted and approved to purchase items for the display. Hidden in Plain Sight is a low to no cost program that many can benefit from. It was consensus of the group to have teen bedroom display the same day as the April 5th Coalition meeting. The hospital volunteered to provide a room for the display and that hospital staff would be interested in learning about it as well. Brandy will work on the logistics and a flyer to advertise the opportunity.

Sustainability

Sustainability was discussed and notes made in regards to all sections of the grant. It was noted the website is one of the biggest concerns in regards to sustainability.

Sustainability Planning

Sustainability Planning	
Behavioral Health Coalition	Sustaining a Coalition leader is vital to keeping things running; Discussion about applying for the Adams County Foundation grant may be an option; If funding cannot be found, stakeholders could take turns in facilitating the meetings
Website and Resources	Quad Counties 4 Kids and the Mental Health region may be able to support the costs of the website; website expenses could be sustained for \$250 a year; someone to update the website would need to be identified
Mental Health First Aid	There is one adult trainer and two youth trainers; The costs of the books are the major expense and there may have to be a registration fee to cover the costs; DCAT, Shopco or Foundation grants could be applied for; Continue to work with community colleges
Nurtured Heart Approach	The area will have a certified trainer; Collaborating with churches to assist with space and providing meals to the community
Capturing Kids Hearts	Schools are committed to supporting the program and will utilize their professional development funding
Collaborative Protocol & Committal Process	Collaborative meetings will continue and no funding is needed

Next Steps

- Liz will submit DCAT grant for books for mental health first aid.
- Brandy will work on the logistics of Hidden in Plain Sight and get a flyer drafted.
- Deb will get the MOU amendment drafted for the additional programming for Nurtured Heart Approach.
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Next Meeting

The next meeting is February 1, 2018 at 11:45 at CHI Hospital in Corning.
Respectfully submitted, Debra Schrader, CHI Coalition Leader.