



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes - Corning
CHI Health Mercy Corning
605 Rosary Drive
Corning, Iowa 50841
December 7, 2017 (11:45 pm-1:00 pm)

Attendance

Those in present at the meeting were:

Deb Schrader, Coalition Leader
Brandy Powers, Tobacco Prevention, Page County Public Health
Kathy Peckham, CHI Health Mercy Hospital
Liz Timmerman, At Risk Coordinator, SWV Schools
Brenda Comer, 1st Five, Matura
Kim Kuhn, Director, Pursuit of Independence
Kris Richey, Crossroads Mental Health Center
Lisa Wolfe, CHI Health Mercy Hospital
Cathay Pringniz, Imagine the Possibilities

Welcome/Introductions:

Debra Schrader opened the meeting. Those present introduced themselves.
The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of meeting minutes

The minutes of the November 2, 2017, 2017 meeting were reviewed and accepted as presented.

Plan Development

Web Based Resource Guide - Deb Schrader showcased the website and walked attendees through the site. The website will house the agendas and minutes as well as other coalition information. Website training has been scheduled for 12/11/17 at 2:00 and Vicki Sickels as well as Deb will attend the training via telephone conference. It is beneficial for another person to have access to the website and Brandy Powers volunteered. The website was showcased at the Behavioral Health Coalition round table in Omaha on 12/5/17 as well. A behavioral health one page document was disseminated and corrections made. It was noted that there are additional services that need to be added. Brenda Comer will assist in taking the lead to change/update the document. Once the changes have been made, the intent is to load this to the website in Word form that can be easily modified by individuals if needed.

Mental Health First Aid Training (Adult and Youth)

Cathay Pringniz updated the group regarding the trainings that have been conducted. The next training is December 13-14th and no trainings will be scheduled for January, February, and March, the next training will be in April 2018. To date 66 people have been training in adult mental health first aid with 62% of the participants representing Adams and/or Taylor County. It was noted that the training is good for 3 years, then providers will need to take the class again. Cathay is collaborating with SWCC as well as Imagine the Possibilities to offer the trainings. Imagine the Possibilities is providing Cathay's staff time to teach the classes as part of her position. SWCC is providing the administrative support, advertising, and has secured opportunities for attendees to receive CEU's for different sectors. The Coalition encouraged Cathay to arrange a training locally and to engage the community to attend. The Southwest Valley school nurse has indicated interest in attending a training, but most likely a youth training would be of benefit over the adult training. The MHFA books have went up in price from \$9.95 to \$16.95 and that this could impact the budget. As of now, there is approximately \$1800 left in that line item. The budget will need to be monitored on a regular basis to make sure there is enough funds to cover expenses for adult and youth trainings. There was no update on the youth mental health first aid trainings. It was consensus of the Coalition to request Brittany Homan and Stephanie Fluckey to be present at the next meeting and provide an update.

Evidenced Based Prevention

Liz Timmerman updated the group on Capturing Kids Hearts. She will follow-up with Lenox Schools to get an invoice submitted as soon as possible. Southwest Valley Schools are planning for year 3 and will have the elementary teachers trained in Capturing Kids Hearts and she is working on dates for August 2018. Four Southwest Valley elementary staff attended the flagship training and are

excited about the possibilities. It's possible that Lenox Schools may not participate next year due to implementing PBIS. If Lenox does not participate, Southwest Valley Schools will need to pick up the remainder of the costs as the grant will cover up to \$36,000. Liz will follow-up with the school to see if that is a feasible.

Liz updated the group on the Nurtured Heart Approach training. Sara Stone from the AEA is committed to attending the training in Tucson in January. The deadline for enrollment is December 22 or the price increases. This was an item that was requested at the Coalition round table on Tuesday. It's possible we will hear by December 22 if funding will be awarded for the training.

System Solutions

Kris Richey and Kathy Peckham updated the group regarding the collaborative protocol for mental health committals. The emergency room form will be updated to provide for the Coalition logo and then it will go on the website. This form was shared at the Round Table on Tuesday and that other areas are using it as well. The next meeting is December 27 at 10:00 at CHI Hospital.

Other Business

Semiannual Report

Deb reminded everyone that the semiannual report is will be due on December 15th and that data needs to be submitted by that time.

Coalition Round Table

Deb Schrader updated the group of possible grant reallocations. Unneeded funds in grant year two (FY18) will potentially be reassigned from the ten Coalitions that are funded through the Mission and Ministry Fund (MMF). Deb attended the Coalition round table Tuesday December 5, 2017. There were \$85,000 in requests and about \$15,000 to reassign. Each Coalition was allowed 15 minutes to provide an overview what each one is doing as well as what additional needs there were. The Adams/Taylor Behavioral Health Coalition website was showcased at the meeting.

Hidden in Plain Sight

Brandy Powers provided information about an interactive display where a mock teen bedroom is set up. The purpose of the mock teen bedroom is to identify red flags of destructive behavior including substance abuse, gambling, or items considered drug paraphernalia. The set up is in locations where children are not allowed access. It would be ideal if a set of the bedroom set up items were available locally as there is one set that is shared among 12 counties. An ideal showing of the bedroom could be at school conferences.

Sustainability

Sustainability was discussed. The Adams Community Foundation grant is available is due January 5, 2018. The hospital is willing to be a the legal applicant. It was consensus to apply for website expenses and for supplies for a the mock teen bedroom. Deb will work on the grant to submit it in January.

Next Steps

- Brenda Comer will take the lead on updating the one page behavioral health resource.
- Deb will contact Brittany Homan and Stephanie Fluckey to attend the next meeting
- Liz will make contact with Lenox schools to get an invoice for Capturing Kids Hearts.
- Liz will follow-up with school administration as to if it is feasible for Southwest Valley to withstand the costs of Capturing Kids Hearts in FY19.
- Deb will update the emergency room form to add the logo with input from Kathy Peckham.
- Deb will submit a grant to the Adams County Foundation by January 5, 2018.

Next Meeting

The next meeting is January 4, 2018 at 11:45 at CHI Hospital in Corning.

Respectfully submitted, Debra Schrader, CHI Coalition Leader.