



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes - Corning
Imagine the Possibilities
2246 Loomis Ave
Corning, Iowa 50841
August 1, 2017 (11:45 pm-1:10pm)

Present:

In Attendance

Deb Schrader, Coalition Leader
Debra Simmonds, 1st Five Taylor County Public Health
Liz Timmerman, At Risk Coordinator, SWV Schools
Cheryl Walton, Choice Inc
Rene Lauer, Assistant Administrator, CHOICE Inc
Kim Kuhn, Director, Pursuit of Independence
Jessica Coburn, Director Waubonsie Mental Health Center
Brittney Homan, Counselor, Turning Point
Andrew Zimmerman, Adams County Magistrate
Cathay Pringniz, Imagine the Possibilities
Maggie Parrish, CHI Health

Welcome/Introductions:

Debra Schrader opened the meeting. Those present introduced themselves. The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of Meeting Minutes:

The minutes of the June 1, 2017 meeting were reviewed and accepted as presented.

Plan Development:

Web Based Resource Guide: Deb Schrader updated the group regarding the website and the logo. The website was put on hold until a logo was decided on. The Coalition reviewed 2 different logos and it was consensus to go with version 1. Deb will work with the BCom in the next few months on the website.

Mental Health First Aid Training: Cathay Pringniz updated the group on the adult Mental Health First Aid trainings. A training was held July 24th and 25th in Lenox with 18 in attendance. A training is scheduled in Lenox September 26th and 27th as well as a training in Red Oak October 18th and 19th. A training for law enforcement was scheduled in August, however no law enforcement signed up to attend training. Cathay is planning on having a training in collaboration with Southwestern Community College this fall.

Crisis Intervention & Advocacy/Stephanie Fluckey and Brittany Homan attended the Youth Mental Health First Aid training in Omaha July 17-21. Brittany is working to schedule a training at the Clarinda Community Schools. The group was in consensus even though there may be few from Adams and/or Taylor County in attending it was still beneficial to offer the training. Brittany and Stephanie will co-facilitate whenever possible. Maggie Parrish will work with Brittany to get a training in the Bedford Community Schools, working with the school nurse. It was noted that the goal is to train 60 people in MHFA whether it be adult or youth each year of the grant.

Evidence Base Prevention:

Liz Timmerman updated the Coalition on Capturing Kids Hearts training. The training will be at the Opera House in Corning on August 21 and at Lenox August 22 and will not be conducted at the school but rather a community center. The trainers will come back in February 2018 and October of 2018 to do a follow-up and provide technical assistance. In year three of the Coalition grant, \$36,000 will be allocated to training to the elementary staff in Lenox and Southwest Valley Schools.

Liz Timmerman provided an update on the [Nurtured Heart Approach](#). A flyer has been crafted and the training is scheduled September 13th and 20th from 5:30-8:30 at the Corning Opera house and supper is included, there is no charge for the event. Anyone can attend and child care providers will receive training credit. The location can hold up to 100 people. An EventBrite has been put together and you can register [here](#).

System Solutions: Andrew Zimmerman provided an update regarding the collaborative communication protocol among the hospital, providers, schools and law enforcement on mental health and the committal processes. He is still working on the protocol document and it will be required to be approved by the Chief Judge. It was noted that committals are required to have a judge complete them, however many of the committals that happen in this area are done by the magistrate due to the fact there is one judge to cover a 9 county area. Andrew also shared the difference and liabilities of a 48 hour hold and a committal. Rene Lauer provided a protocol document that Choice is using and it has been helpful in the committal process. It was discussed that this type of document could be located on the new Coalition website for anyone to use.

Sustainability: This will be a standing agenda item. Deb Schrader brought up the sustainability factor which is a requirement in the grant. It was discussed how would mental health first aid training be paid for in the future when the grant runs out. It was discussed that unless other funding was sought, participants would need to pay a fee to cover the costs. Deb also discussed the possibility of working with the child abuse prevention councils in Adams and Taylor County. There will be a 3 year grant available sometime in January that only child abuse prevention councils can apply for. The Coalition could collaborate with the councils in applying for the grant to add in the administrative line the cost of web hosting, and in turn the councils could use the website and have their own page where they could load information. Deb will continue to inquire about the councils and their willingness to work together with the Coalition. Another idea was to seek funding from the Adams and Taylor County foundation.

Other: Deb asked for input regarding the Coalition member list and who needs to added or deleted. Deb Schrader updated the Coalition regarding the funding that was expended in FY17, which was 58%. Joan Lindenstein is working to make sure the Coalition can carryover the rest of the funds into FY18. In the event there are funds that go unallocated during the 3 year CHI grant, it would behoove the Coalition to have a plan in the event there are funds unallocated in the other Coalitions. Programs would need to fit the focus of the CHI grant. It was discussed that having additional funding for Capturing Kids Hearts would be helpful as well as the Nurturing Heart Approach. Much discussion was around the great need for translation. Many people use SW Iowa Latino Resource Center/Jennifer Horner for translation. Electronic software was discussed as well as having something on the Coalition website that could translate, if that's even possible. It was also discussed it would be helpful to have a bilingual therapist. The Coalition reviewed the meeting dates for FY18 and it was consensus to continue meet every month.

What's Next:

Next Steps:

- Deb will work with BCom on the website, inquire about translation as well as inquire about adding a page for the child abuse councils.
- Cathay will be conducting adult mental health trainings as well as schedule other

trainings.

- Brittney and Stephanie will work with Maggie Parrish to schedule a youth mental health training with Bedford Schools through the school nurse.
- Joan Lindenstein and Joyce Schmeekle will be in attendance at the next meeting to review the yearend report for the first year of the grant.

Next Meeting:

Next meeting is September 7, 2017 at 11:45 at CHI Hospital in Corning.

Respectfully submitted,
Debra Schrader, CHI Coalition Leader