



Behavioral Health Coalition

OF ADAMS & TAYLOR COUNTY

Meeting Minutes - Corning
CHI Health Mercy Corning
605 Rosary Drive
Corning, Iowa 50841
October 5, 2017 (11:45 pm-1:00pm)

Attendance

Those in present at the meeting were:

Deb Schrader, Coalition Leader
Cathay Pringniz, Imagine the Possibilities
Brandy Powers, Tobacco Prevention, Page County Public Health
Lisa Wolfe, CHI Health Mercy Hospital
Kathy Peckham, CHI Health Mercy Hospital
Brenda Comer, Matura Action/1st Five
Liz Timmerman, At Risk Coordinator, SWV Schools
Kris Richey, Crossroads Mental Health Center

Welcome/Introductions:

Debra Schrader opened the meeting. Those present introduced themselves.
The Coalition members thanked CHI for the complementary lunch as well as the administrative support.

Review of meeting minutes

The minutes of the September 7, 2017 meeting were reviewed and accepted as presented.

Plan Development

Web Based Resource Guide - Deb Schrader updated the group regarding the website. The website should go live soon and she has been working with the web developers to walk through mainframes. One of the challenges that has been discovered is how a new provider submits information to be stored in the mental health resources. The website will have a page for the Mental Health Region, Quad Counties 4 Kids, Child Abuse Prevention Council, and Interagency. It was noted that at least one other person should have access to the website and it was suggested that Vicki Sickles, QUAD Counties 4 Kids ECI Director would be a possibility. Sustainability was briefly discussed.

Mental Health First Aid Training (Adult and Youth)

Cathay Pringniz updated the group on the adult Mental Health First Aid trainings. The September 26 -27 training had 22 participants. An adult training is scheduled in Red Oak with Southwestern Community College October 15-16th. Adult Mental Health First Aid training has been approved for CEU's for nursing, EMT's and paramedics. Cathay also mentioned that Bedford Community Schools is interested in a Mental Health First Aid training, but it was unclear if it was for the youth or adult training. The group discussed whether to pay for CEU's and it was consensus to not pay for CEU's from this point forward. There will be two CEU's that will be expensed for. The group discussed whether to pay for MHFA books that are \$10 per participant. It was consensus to pay for books even if a participant does not serve Adams and/or Taylor County, however it is to be noted that effort needs to be made to serve Adams and/or Taylor county community partners. It was noted that funding does not appear to be an issue now, but could be in the future. If at the end of the fiscal year, there are unspent funds this could be an item to spend extra funds on.

Evidenced Based Prevention

Liz Timmerman updated the group on Capturing Kids Hearts. The schools have already seen a positive outcome, there are 50 less absentees in the middle school compared to last year at this time. The high school data doesn't indicate any changes as of yet, but it was discussed that it is normal to not see as much of an impact at the high school level as the middle school level. It may take 3-5 years to see an impact at the high school level. In FY19, Southwest Valley Schools and Lenox Schools will focus on elementary children.

Liz updated the group on the Nurtured Heart Approach training conducted September 13 and 20th. A one page report has been drafted with data and outcomes. There were a total of 50 participants with 70% of participants from Adams and Taylor county. Outcomes

were 76% of the participants indicated that they recommend the Nurtured Heart Approach to family or colleagues and 3 participants indicated they would like to be a certified trainer.

Liz updated the group regarding the NAMI group education. It was tentatively planned to offer a support group in October but due to overwhelming responsibilities that has been put on hold.

It was discussed that marketing needs to be done about the work the Coalition has been supporting. Liz will put an article in the newspaper on behalf of the school. Deb Schrader will attempt to put an article in the 3 newspapers in Adams and Taylor County to create awareness of the Coalition.

System Solutions

Kris Richey updated the group regarding the collaborative protocol for mental health committals and noted things are going smoothly. The group is now meeting every other month, the next meeting is in November.

Miscellaneous Business

FY17 Executive Summary

Deb Schrader provided the group with a one page FY17 executive summary. This could be utilized as an educational piece as well as assisting with recruiting new Coalition members. It will placed on the website one it up and running.

Grant Reallocation

Deb Schrader updated the group of possible grant reallocations. Unneeded funds in grant year two (FY18) will potentially be reassigned from the ten Coalitions that are funded through the Mission and Ministry Fund (MMF). The amount of reassigned funds is unknown at this time. A list of program ideas is to be identified prior to December 5, 2017. It is tentatively planned, that on December 5, 2017 there will be a Coalition leader roundtable in Omaha to map out a plan for potential unused funds for FY18. Agencies with identified programs must have the capacity to implement the service by June 30, 2018. Additionally, having a plan ready for FY19 is also to be considered in the event there will be unused funds in year three. It was discussed that programs need to meet at least one of three goals outlined in the Behavioral Health plan and be able to produce the required outcomes. A conference call was conducted September 25, 2017 and was open to all Coalition members to attend and from that a list of possible programs was drafted. The Coalition has been working on a "Christmas list" for several months. After review of the list of potential programs, it was consensus that Functional Family Therapy and Parent Child Interaction may not fit the grant criteria. The Coalition brainstormed and discussed programming ideas. Programming ideas are as follows:

- Train the Trainer Nurtured Heart Approach
- Nurtured Heart Approach Follow-up
- Capturing Kids Hearts Training
- Circle of Security
- Check and Connect Mentoring program
- ACES/Connections Mater/Paper Tigers/Resiliency/Lemonade for Life Training
- Additionally, it was discussed to make sure there is adequate funding for the website and maintenance.

Next Steps

- Liz will put an article in the paper about what is happening with Capturing Kids Hearts and Nurtured Heart Approach.
- Deb will draft news releases for 3 newspapers about the Coalition to promote awareness.
- Kris Richey will work with Joyce Westphal to provide information on Circle of Security.
- Cathay Pringniz will follow-up with Stephanie Fluckey and Brittany Homan regarding MHFA training for Bedford Schools.
- Deb will continue to work with the web developers.
- Brenda Comer and Brandy Powers will provide information on the ACES and other trainings.
- The November meeting will have a focus on recommendations regarding the Christmas list.

Next Meeting

The next meeting is November 2, 2017 at 11:45 at CHI Hospital in Corning.
Respectfully submitted, Debra Schrader, CHI Coalition Leader.